

# What's in YOUR DAYPACK?

To have a successful adventure, pack the right things. Here are some seasonal essentials for your daypack.

## Fall



- Sweater
- Rain coat
- Tick remover
- Warm hat

## Winter



- Spare mitts & hat
- Spare socks
- Extra sweater
- Hand warmers
- Toe warmers

## Spring



- Bug repellent
- Tick remover
- Rain coat
- Warm hat
- Sweater

## Summer



- Bug repellent
- Tick remover
- Rain coat

## Basic

In your day pack at all times

- Whistle
- Map
- First aid kit
- Spare batteries
- Snack or meal
- Lip balm
- Water bottle
- Pack cover
- Sunscreen
- Tissues
- Communication device
- Hand sanitizer
- Small knife or multitool
- Ziplock or sealable container

## Wilderness

Items for a more backcountry adventure

- Trowel
- Toilet paper
- Flashlight or Headlamp
- Matches
- Fire starter
- Emergency blanket
- Water filtration

## Extras

- Camera
- Book
- Breath mints
- Binoculars

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